

# REDBOURN

**Date** Aug 26<sup>th</sup>, Sep 16<sup>th</sup>, Oct 7<sup>th</sup>, Nov 28<sup>th</sup>, Nov 18<sup>th</sup>, Dec 9<sup>th</sup>, Dec 30<sup>th</sup>, Jan 20<sup>th</sup>, Feb 10<sup>th</sup>

## WEEK 1

Chicken Paella  
Mac 'n' Cheese (GL, MI)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese & Beans (MI), Beans or Tuna (FI)  
Wraps-Ham (GL), Cheese (GL,MI) or Tuna (GL,FI)  
Ice cream (MI) or Fresh Fruit

Beef Lasagne (GL,MI,EG)  
Margherita Pizza with Rainbow Slaw (GL,MI)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)  
Sandwiches-Ham (GL,SO), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)  
Cookie (GL) or Fresh Fruit

Roast Chicken, Roast Potatoes & Gravy (SU,CE)  
Vegan Sausage, Roast Potatoes & Gravy (GL,SU,CE)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese & Beans (MI), Beans or Tuna (FI)  
Wraps-Ham (GL), Cheese (GL,MI) or Tuna (GL,FI)  
Vegan Jelly or Fresh Fruit

Chicken Sausage Roll (GL,EG)  
Vegetable Pie with Sweet Mash Topping (GL)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)  
Sandwiches-Ham (GL,SO), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)  
Confetti Cake (GL) or Fresh Fruit

Fish Fingers with Chips & Tomato Sauce (FI,GL)  
Stuffed Red Pepper & Chips  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese & Beans (MI), Beans or Tuna (FI)  
Sandwiches-Ham (GL,SO), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)  
Sliced Fruit Wedges

**Date** Sep 2<sup>nd</sup>, Sep 23<sup>rd</sup>, Oct 14<sup>th</sup>, Nov 4<sup>th</sup>, Nov 25<sup>th</sup>, Dec 16<sup>th</sup>, Jan 6<sup>th</sup>, Jan 27<sup>th</sup>, Feb 17<sup>th</sup>

## WEEK 2

Chicken Pasta Bake (GL,MI)  
Vegetable Masala with Rice (MI)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese & Beans (MI), Beans or Tuna (FI)  
Wraps-Ham (GL), Cheese (GL,MI) or Tuna (GL,FI)  
Ice cream (MI) or Fresh Fruit

Chicken Biryani  
Margherita Pizza with Rainbow Slaw (GL,MI)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)  
Sandwiches-Ham (GL,SO), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)  
Cookie (GL) or Fresh Fruit

Roast Turkey, Roast Potatoes & Gravy (SU,CE)  
Vegetable Crumble (GI,SU,CE)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese & Beans (MI), Beans or Tuna (FI)  
Wraps-Ham (GL), Cheese (GL,MI) or Tuna (GL,FI)  
Vegan Jelly or Fresh Fruit

Chicken Pie (GL)  
Vegetable Paella  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)  
Sandwiches-Ham (GL,SO), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)  
Marble Crunch Cake (GL) or Fresh Fruit

Breaded Fish Fillet with Chips & Tomato Sauce (FI,GL)  
Omelette & Chips (EG,MI)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese & Beans (MI), Beans or Salmon (FI)  
Sandwiches-Ham (GL,SO), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)  
Sliced Fruit Wedges

**Date** Sep 9<sup>th</sup>, Sep 30<sup>th</sup>, Oct 21<sup>st</sup>, Nov 11<sup>th</sup>, Dec 2<sup>nd</sup>, Dec 23<sup>rd</sup>, Jan 13<sup>th</sup>, Feb 3<sup>rd</sup>, Feb 24<sup>th</sup>

## WEEK 3

Beef Pasta Bolognese (GL)  
Vegetable Stir Fry Noodles (GL, EG, SO)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese & Beans (MI), Beans or Tuna (FI)  
Wraps-Ham (GL), Cheese (GL,MI) or Tuna (GL,FI)  
Ice Cream (MI) or Fresh Fruit

Chicken Stir Fry Noodles (GL,EG,SO)  
Margherita Pizza with Rainbow Slaw (GL,MI)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)  
Sandwiches-Ham (GL,SO), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)  
Vegan Jelly or Fresh Fruit

Roast Chicken, Roast Potatoes & Gravy (SU,CE)  
Vegetable Lattice with Gravy (GL,SU,CE)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese & Beans (MI), Beans or Tuna (FI)  
Wraps-Ham (GL), Cheese (GL,MI) or Tuna (GL,FI)  
Apple Crumble with Custard (GL,MI) or Fresh Fruit

Cheese & Pepperoni Potato Halves (MI)  
Veggie Lasagne (GL,MI,EG)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese (MI), Beans or Tuna (FI)  
Sandwiches-Ham (GL,SO), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)  
Chocolate & Banana Cake (GL) or Fresh Fruit

Fish Fingers with Chips & Tomato Sauce (FI,GL)  
Homemade Falafel with Chips & Tomato Sauce (GL)  
Tomato Pasta (GL)  
Jacket Potatoes - Cheese & Beans (MI), Beans or Tuna (FI)  
Sandwiches-Ham (GL,SO), Cheese (GL,SO,MI) or Tuna (GL,SO,FI)  
Sliced Fruit Wedges

## VEGETABLES, SALAD, BREAD AVAILABLE DAILY

### ALLERGY KEY

CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / MILK - MI  
MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE / SOYA - SO / SULPHUR - SU

BREAD CONTAINS - GL - MI - EG - SO

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

