

Nursery PD– Learning Journey setting

Foundation for learning in EYFS

Use large-muscle movements to wave flags and streamers, paint and make marks.

Continue to develop their movement, balancing, riding and ball skills.



Match their developing physical skills to tasks and activities in the setting.



Use one handed tools and equipment.

Use a comfortable grip with good control when holding pens and pencils.

Show a preference for a dominant hand.

Be increasingly independent as they get dressed and undressed.



Vocabulary

Forwards

Backwards

High low

under on

body

gymnast tall

long small

shape

balance

jump hop

skip run

move space

stop go

freeze throw

roll kick

team attack

defend

speed score

beginning

middle end

rhythm

Increasingly be able to use and remember sequences and patterns of movement related to music and rhythm.

Start taking part in some group activities which they make up for themselves or in teams.

Skip, hop, stand on one leg and hold a pose for a game like musical statues.

Go up stairs and steps or climb up apparatus using alternate feet.

Choose the right resources to carry out their own plan. Collaborate with others to manage large items.

