

# Year 6 PE – Learning Journey

## Summer

### Golf

- Striking the ball accurately
- Team alternate shot format
- Consolidate and combine their skills
- Tournament



### Tennis

- Doubles
- Think tactically
- Organise, umpire and manage games
- Act as coaches
- Tournament



### Athletics

- Distance running
- Throwing
- Jumping
- Mini competitions

### Tag Rugby

- Passing and moving
- Tagging and defensive formations
- Prevent scoring opportunities
- Attacking and defensive tactics
- Tournament



## Autumn

### Netball

- Attacking skills
- Defence and possession
- Creating tactics
- Transition from attackers to defenders
- Tactical application
- Apply skills into a level 1 tournament



### Matching and Mirroring (gymnastics)

- Applying excellent gymnast
- Matching and mirroring
- Use apparatus to change movements
- Apply matching and mirroring movements
- Perform

### Game sense invasion

- Attacking skills
- Dribbling the ball
- Defence
- Creating tactics
- Tactical application
- Tournaments

### Dance

- Perform technical movements with control and rhythm
- Choreograph a routine
- Create movements from a stimulus
- Sequence movements
- Compositional principles
- Perform dance sequences



## Spring

### Dodgeball

- Aiming the ball
- Possession of the ball
- Understanding the rules of dodgeball
- Attack and defence tactics
- Bring learning together for a tournament

### Hockey

- Passing, dribbling, moving skills
- Successful attacking
- Defending, marking and blocking

### Health Related Exercise

- Record and compare fitness assessments
- Understand the functions of the cardiovascular systems
- Affects of aerobic fitness
- Flexibility
- Strength
- How exercise affects our bodies

### Cricket

- Fielding skills and tactics
- Batting
- Attacking tactics
- Bowling skills and tactics
- Defence
- Sequence of learning into a mini game

