

Year 4 PSHE – Learning Journey



Valued

- Common values
- Gender stereotypes
- Different faiths in the community
- Diversity
- Race



Empathetic

- Understanding and respecting the ways our bodies change as we get older
- Puberty
- Physical and mental health
- Personal hygiene



Summer



Innovative

- Personal information online
- Online adverts
- Methods of payment
- Budgeting
- Sustainable spending



Responsible

- Being responsible
- Dares
- Peer pressure
- Secrets
- Online safety



Spring

Be smart on internet



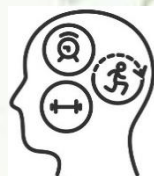
Team

- Setting rules
- Relationships
- Responsibilities
- Communities



Healthy

- Drugs – medicines
- Safety with medicines and household products
- Benefits and side effects of drugs
- Risks associated with drugs
- Drug habits
- Dental hygiene



Autumn

Golden Rules

We are gentle

We are kind and helpful

We listen

We are honest

We work hard

We look after property