

Year 6 PSHE – Learning Journey



Valued

- Personal identity
- Stereotypes
- Who can love who
- Gender identity and biological sex
- Difference between prejudice and discrimination
- How to challenge stereotypes

Empathetic

- Pregnancy and contraception
- Responsibilities of becoming a parent
- FGM
- Transition to secondary school
- Managing change and transition



Summer



Innovative

- Role of money
- Value of money
- Advertising
- Impact on health and wellbeing
- Risks associated with money
- Where to find help with finances



SELF IDENTITY

Responsible

- Screen times should be balanced
- Risks of social media
- Manipulation of online images
- Safety of sharing online
- What is appropriate to share online including
- Laws



Spring



Healthy

- Mental health
- Positive body image and healthy lifestyle
- Risks and effects of drugs and alcohol
- Media influence on drugs and alcohol use
- Risks of nicotine, vaping and cigarettes
- Where to get support



Team

- Positive role models
- Differing viewpoints
- Changes as we grow up
- Impact of negative experiences on mental wellbeing
- Natural changes in life
- Positive strategies for managing feelings



Golden Rules

- We are gentle
- We are kind and helpful
- We listen
- We are honest
- We work hard
- We look after property



Autumn

