

Year 2 PE – Learning Journey

Summer

Competitions

- Running
- Throwing
- Jumping

Rackets bats and balls

- Hitting accurately
- Striking with power
- Striking with intent
- Striking into a space

Games for understanding

- Attacking as a team
- Defending
- Create and apply tactics

Jumping

- How to jump safely
- Jumping for distance and speed
- linking jumps



Spring

Gymnastics-Pathways

- Different ways of moving along a path
- Linking movements together
- Pathway sequence

Ball skills-Hands 1

- Throwing under arm
- Throwing over arm

Ball skills- Hands 2

- Dribbling
- Passing and receiving
- Combining dribbling, passing and receiving

Dance- The Zoo

- Exploring expression
- Sequence of movements
- Responding to rhythm
- Co-ordinated movements

Autumn

Dodging

- Avoiding an object
- Avoiding an attacker

Gymnastics- Linking

- Linking movements
- Linking on apparatus

Linking a sequence

Dance- Sweet Factory

- Exploring expression
- Characterisation
- Different dynamics- fast/slow
- Linking movements

Ball skills- Feet 1

- Dribbling
- Passing and receiving
- Combining dribbling, passing and receiving

