

Reception– Learning Journey

Summer

Dance: Ourselves

- Moving different body parts
- Travelling movements
- Responding to music
- Using bodies and props
- Opposite movement
- Character movements

Games for understanding Foundation

- Turn taking
- Score taking
- Following rules in a game
- Consequences of a game (eg being tagged)



Spring

Ball skills: Foundation Feet 1

- Moving a ball with feet
- Keeping a ball close
- Dribbling with feet
- Kicking
- Dribbling against an opponent
- Working together

Gymnastics: high, low, over, under

- Moving and making high shapes
- Moving and making low shapes
- Using apparatus safely
- High and low movements
- Over and under
- Being a 'champion gymnastics'

Autumn

Learning through play

- Playing with different equipment
- Playing with equipment safely
- Turn taking and sharing when playing with a partner
- Sharing ideas and creating new games
- Traveling at different speeds

Running

- Running using different body parts
- Running at different speeds
- Running in a race
- Running over a longer duration and as part of a team.

Ball Skills: Foundation Hands 1

- Using hands to move a ball
- Pushing a ball
- Rolling a ball
- Bouncing a ball
- Combining rolling, pushing and bouncing
- Defending a ball